



**Get ready for the 12 Hour Step Challenge!**

**Encompass Care is excited to support the Dorchester Poundbury Rotary Club to help spread the word about their new fundraiser - The 12 Hour Step Challenge. Help us raise funds for MOSAIC and other Rotary Charities by challenging yourself to increase your usual number of steps.**

**Anyone can take part! There is no age limit or steps limit. If you usually do 5,000 steps per day, challenge yourself to do 7,500. If you usually do 10,000 steps per day, challenge yourself to do 15,000...**

**Are you up for this?**

**Contact us today to find out how you can get involved!**



# STEP CHALLENGE

## Maiden Castle

**Encompass Care**  
Specialist Care | Creative Support

**COUNT YOUR STEPS WITH US!**



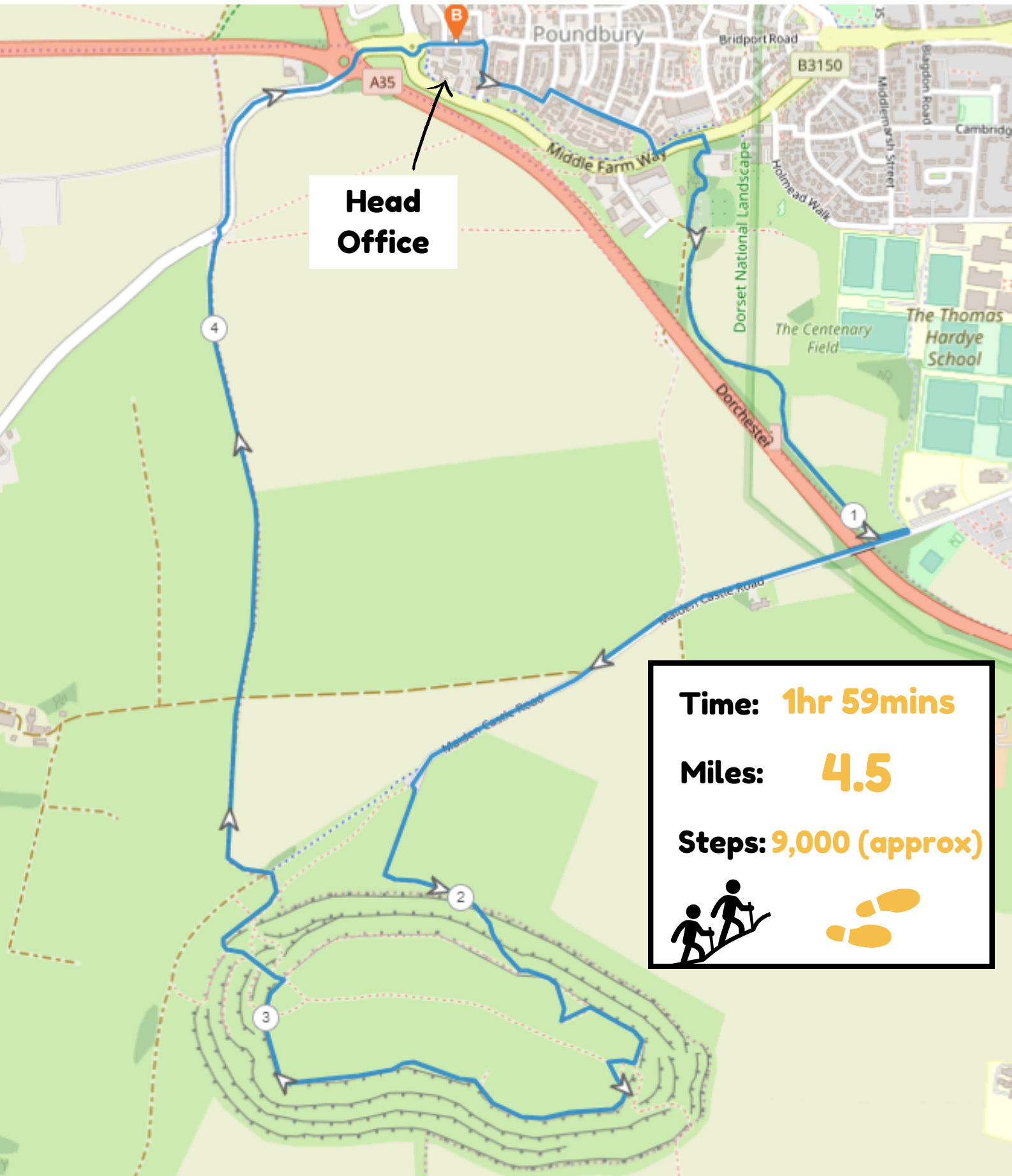
**SATURDAY  
18TH MAY  
1PM**

**Time: 1hr 59mins**  
**Miles: 4.5**  
**Steps: 9,000 (approx)**



**TO GET INVOLVED CONTACT  
INFO@ENCOMPASSCARE.ORG.UK**

# Step Challenge Route



# Maiden Castle

**QR Code for Route Map**



**Maiden Castle**





# STEP CHALLENGE

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## Poundbury Parks

**COUNT YOUR  
STEPS WITH US!**



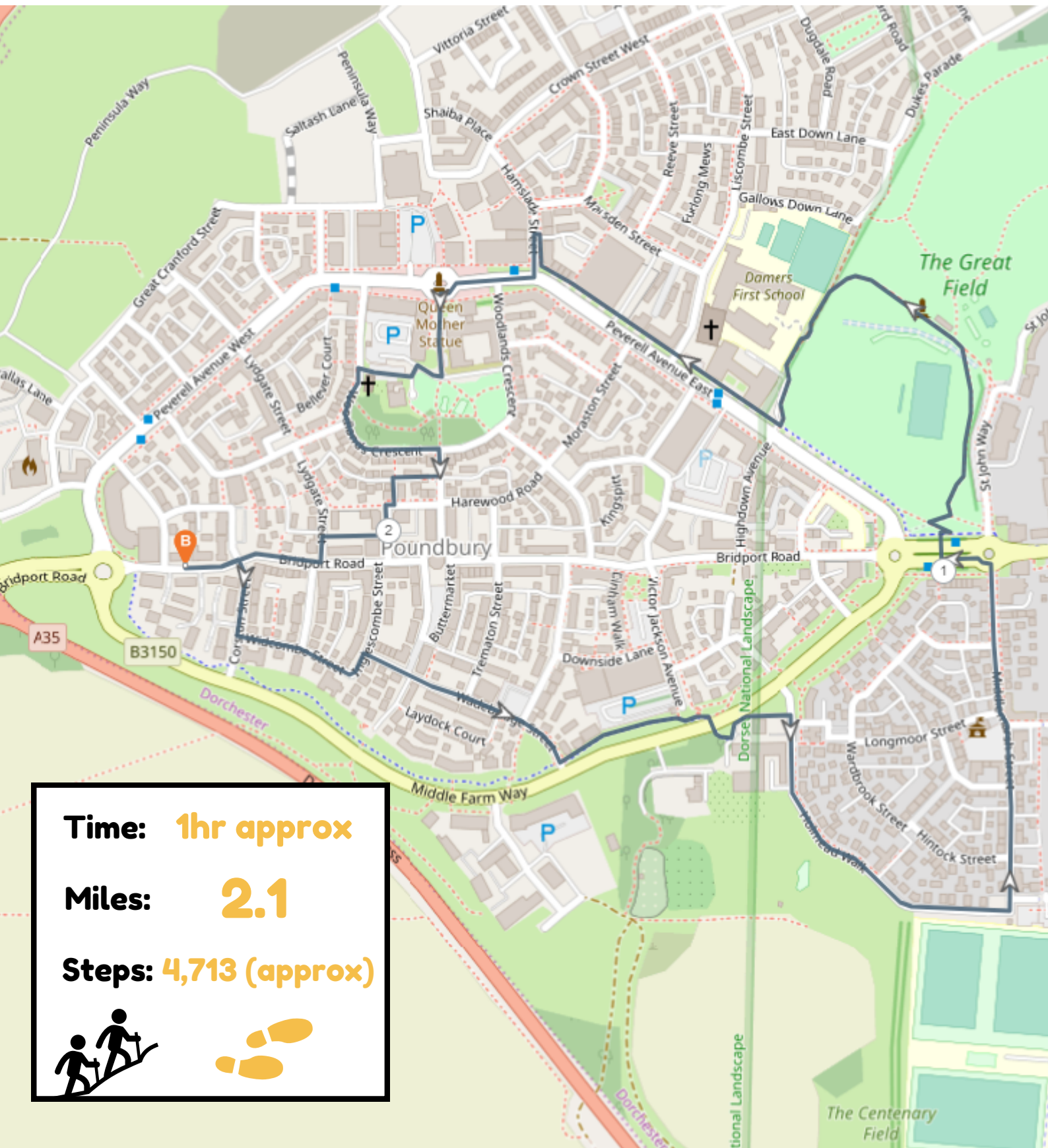
**SATURDAY  
18TH MAY  
1PM**

**Time: 1hr**  
**Miles: 2.1**  
**Steps: 4,713 (approx)**



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# Step Challenge Route



**Time: 1hr approx**

**Miles: 2.1**

**Steps: 4,713 (approx)**



# Poundbury Parks

**QR Code for Route Map**



**Poundbury Parks**

